COURSE NUMBER: NUR 102

COURSE TITLE: Psychosocial Nursing Foundations

COURSE DESCRIPTION:

Mental health concepts are introduced and used with the nursing process to promote mental health and biopsychosocial-spiritual assessment of the client. Students apply communication skills to develop therapeutic relationships in individual and group settings and promote health behavior change. Application of mental health theories to nursing is explored. Clinical experience is provided to meet mental health needs of persons in structured health care and community settings.

STUDENT LEARNING OUTCOMES

1. Develop a therapeutic nurse-client relationship through the use of therapeutic communication and partnership skills.
2. Understand health as multidimensional and affected by factors outside of the person’s control.
3. Understand the importance of assertive communication to promote quality, safe care for clients.
4. Assess health and health behaviors based on an expanded view of health that includes the social determinants of health.
5. Develop a patient-centered nursing care plan using evidence-based nursing interventions focused on health rather than illness, strengths rather than problems and wellness and prevention rather than sickness and disease.
6. Identify psychosocial responses to illness and injury recognizing variations from normal in assessment findings.

TESTING CONDITIONS FOR WRITTEN EXAM:

1. The written examination has a 120-minute time limitation.
2. Scantron answer sheets will be used.
3. The student must use a number two pencil and a good eraser.

TEST NORM LEVELS FOR WRITTEN EXAM

To receive credit, the student must achieve a minimum of 80% on the examination.

REFERENCES AND INSTRUCTIONAL MATERIALS:

Please contact the GRCC Nursing Department at: 616 234-4238 or nursingprograms@grcc.edu for a list of current, relevant materials.

NOTE: Students are required to have completed the exam not less than one month before the beginning of the semester in which the course is due.